

# GOODWILL HOMES HEAD START

## DAILY SCHEDULE OF CENTER CLASSROOM ACTIVITIES

- 7:30-7:45**      **Planning/preparation time:** Review your plan for the day. Conduct health and safety check (e.g., refill on restroom supplies, remove any broken or torn materials, check outside for trash). Prepare interest area (e.g., mix paint, place puzzles on a table, display new books).
- CORE HOURS ARE 8:00 A.M. –2:00 P.M.**
- 7:45-8:00**      **Arrival:** Greet families and children individually. Help children store belonging and prepare for breakfast (restroom and hand-washing).
- 8:00-8:45**      **Breakfast:** Family-style serving. Teachers engage children in conversation. Children who have already had breakfast, or who do not wish to eat, may choose an alternate activity. As children complete breakfast they brush teeth, use restroom and wash hands. Engage children in music activity until all are ready for the morning meeting.
- 8:45-11:00**      **Morning Meeting:** Teacher brings the group together for songs, finger-plays and sharing news. Talk about the day's activities, and talk about the choices for the morning. Make provisions for the children who are not ready for the large group activities (e.g., hold two small groups, have one teacher sit close to children who may need extra attention).
- Outdoor Choice Time:** Teachers supervise the playground. Observe and interact with the children as they jump, play ball, climb, paint, make nature discoveries and etc.
- Literacy and Math Learning Centers:** Whole- or small group activities focused on developing and practicing math and literacy contents.
- Music and Movement:** Large- or small-group games and dances.
- Learning Centers:** Guide the children in selecting interest areas. Observe and interact with individual and groups of children to extend play and learning. Lead a small group activity that builds on children's skills and interests. Give children a ten (10) minute warning to complete projects and start clean-up.
- 11:15-11:30**      **Preparation for Lunch:** Helpers set the table while others use restroom and wash hands. Play soft relaxation music. Engage children in conversation about the menu or topics of interest to children.
- 11:30-12:15**      **Lunch:** Teachers encourage conversations about the day's events, the meals, and topics of interest to children. Guide children in cleaning up after lunch, brushing teeth, setting out cots, and preparing for rest.
- 12:15-12:30**      **Story Circle:** Reading together.
- 12:30- 1:30**      **Rest Time:** Teachers help children to relax so they can fall asleep (**silent time no music**) Provide quiet activities for children who cannot sleep. Adjust length of rest time appropriate for ages and needs of individual children.
- 1:30-2:00**      **Snack/Children reflection time:** Set up snack so children can serve themselves. As children complete snacks engage them in small groups to reflect on the day. Prepare children for home. Greet parents and share information about the child's day.
- Extended Time**
- 2:00-2:30**      **Outdoor Choice Time:**
- 2:30-3:30**      **Teachers Planning and Reflection:** Discuss how the day went, progress of individual children (skills, needs, interest) work on portfolios and observation notes related to the developmental continuum of the children. Review and adapt curriculum and make plans for the next day.

Revised 7/06